



SAVY International Inc.
Traditional Authentic Yoga from India



YEAR ON ONE PAGE - 2018

SAVY Healing Yoga Classes

FEB MAR NOV	JUNE	SEPT DEC	APR JULY	JAN OCT	MAY	AUG
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DSBH (MBH) THERAPY – Healing through Mindfulness and Breathing

1	8	15	22	29	THU	FRI	SAT	SUN	MON	TUE	WED
2	9	16	23	30	FRI	SAT	SUN	MON	TUE	WED	THU
3	10	17	24	31	SAT	SUN	MON	TUE	WED	THU	FRI
4	11	18	25	-	SUN	MON	TUE	WED	THU	FRI	SAT
5	12	19	26	-	MON	TUE	WED	THU	FRI	SAT	SUN
6	13	20	27	-	TUE	WED	THU	FRI	SAT	SUN	MON
7	14	21	28	-	WED	THU	FRI	SAT	SUN	MON	TUE

*YOGA CLASSES *YOGA EDUCATION *YOGA RETREATS *YOGA NUTRITION *PULSE DIAGNOSIS *MANTRA THERAPY *NADA YOGA
*YOGA THERAPY *SAVY CANCER SUPPORT SERVICES *FIGHT CANCER *DR SAHDEV'S 'BREATHE AND HEAL' THERAPY *LIFE-COACH

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